



AMITY UNIVERSITY MAHARASHTRA

Established vide Maharashtra Act No.13 of 2014, of Government of Maharashtra, and recognized under Section 2 (f) of UGC Act 1956.

Annual Training on Environmental Aspects

Thrive at Work: Navigating Employee Psychology (Aligned with the SDG3: Good health and well-being)



Date of Event : 6th December, 2023
Venue : Room No: 314, ABS
Organized by : HR Forum students, ABS
Total Participation : 45 students and 12 Faculty members
Convener and Event Coordinator: Dr. S.Padma, HR Forum Faculty in-charge, ABS

Details of Expert/Speaker/Resource Person/Judge:

Expert Name: Ms. Subrata Rath

Organization: Green Point Global Technology Services Pvt. Ltd.

Designation: General Manager- HR & Admn

Specialization: HR

Outcome Report:

- To help students understand the importance of Employee Psychology and its impact on the organization's development.
- To get students acquainted with the concept of Employee motivation.
- The guest speaker has explained the factors influencing the psychology of the employees.
- The role of HR in understanding the psychology of their employees.
- The role of HR in motivating their employees to reduce employee turnover and control their absenteeism.



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Event pictures





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Panvel City Police Station Visit Peace, Justice, and Strong institutions (SDG 16)



Event Name: Panvel City Police Station Visit

Dates: 28.11.2023

Time: Full Day

Faculty Coordinator: Dr. Bhanu Saxena

Number of Participants: 95 students (1st, 3rd, and 5th semesters) Breakdown: 63 from 1st Sem, 25 from 3rd Sem, 10 from 5th Sem

Objectives of the Event:

The primary objective of the Panvel City Police Station visit was to bridge the gap between theoretical knowledge and practical application, providing students with real-world insights into the functioning of law enforcement agencies.



GPS Map Camera



Navi Mumbai, Maharashtra, India

746/10, Sai Nagar Rd, Banglow Society, Old Panvel, Panvel, Navi Mumbai, Maharashtra 410206, India

Lat 18.995168°

Long 73.105751°

28/11/23 01:42 PM GMT +05:30



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Highlights of the Police Station Visit:

Introduction to Police Operations:

Envisaged Outcome:

Understand the practical aspects of police operations.

Achieved Outcome:

Students received an overview of the day-to-day operations of the police station, gaining insights into the roles and responsibilities of law enforcement officers.

Interaction with Police Personnel:

Envisaged Outcome:

Bridge the gap between theory and practical experiences through direct interaction with police personnel.

Achieved Outcome:

Students had the opportunity to engage in discussions with police officers, fostering a better understanding of the challenges and responsibilities associated with policing.

Envisaged Outcome vs. Achieved Outcome:

Objective	Envisaged Outcome	Achieved Outcome
Bridging Theory and Practice	Connect classroom theory with real-world police operations	Direct interaction with police personnel and practical insights
Highlights of the Police Station Visit	Introduction to police operations and facilities	Overview of police operations, engagement with officers, facility tour





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Conclusion

The Panvel City Police Station Visit successfully achieved its objectives of bridging the gap between theory and practice for the 95 participating students. The direct interaction with police personnel, coupled with a tour of the facilities, provided valuable real-world insights. This event, organized under the guidance of faculty coordinator and Director in charge of ALS Prof. (Dr) Vijay Singh Dahima Sir, not only contributed to the students' understanding of law enforcement but also highlighted the importance of experiential learning in legal education.






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 **GPS Map Camera**



Navi Mumbai, Maharashtra, India

Old, Tehsildar Office, 410206, behind mum mum shop, Banglow Society, Old Panvel, Panvel, Navi Mumbai, Maharashtra 410206, India

Lat 18.995092°

Long 73.105749°

28/11/23 01:39 PM GMT +05:30



Beach Cleanup Drive at Thal Beach, Alibaug **Sustainable Cities and Communities**



Date of Event : 27th September 2023

Venue : Thal Beach, Alibaug

Total Participation : 38 students and 5 members of staff from AITT

Moderator(s) : Dr. Sachin Kumar Behera

Environmental Concerns: Students have learned about the harmful impact of plastic pollution, marine debris, and the destruction of coastal ecosystems through their studies, documentaries, and news reports, presented to them in class and as part of various activities they have undertaken. Concern for the well-being of marine life and the overall health of the planet has become a powerful motivator for them, and it was evident that students wanted to contribute to the safekeeping of communal spaces.

Cultural Significance: Many students have a deep connection to their local beach or coastal areas, as many students in the batch are from coastal areas. They have spent their childhood playing on the beach, swimming in the ocean, or enjoying family outings; hence they feel motivated as responsible individuals to give back to the society.

Community Engagement: Students often have a strong sense of community and want to give back to the places; many of the students are also associated with coastal communities. Hence, organizing a beach cleanup was found to be an effective way to engage with the local community, promote a sense of shared responsibility, build a stronger bond among residents, and give them a fresh perspective about the young generation of individuals.

Education and Awareness: Students have seen how the institution prioritizes responsible behaviour, by encouraging such activities as well as inculcating these values in the department. In class students have been educated about the environmental challenges facing beaches and oceans, and students have often expressed that they are compelled to turn that knowledge into action by taking active part in cleanup events.



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Personal Growth and Leadership: From past experiences participating in a beach cleanup has been a fulfilling personal experience. It has allowed students to develop leadership skills, teamwork, and a sense of accomplishment, and has improved their interest in the program.

Strong Government Support – All cleanliness & sensitisation drives conducted in the past along with the current one, have been supported by the Ministry of Tourism, through their India tourism office, under the aegis of the Yuva Tourism Club at Amity Institute of Travel and Tourism. Hence, it gives students an exposure to good governance and an opportunity to create grassroots level impact from their efforts.

38 students from various batches at Amity Institute of Travel and Tourism, Amity University Mumbai, along with 5 members of Amity Institute of Travel and Tourism, Amity University Mumbai attended the cleanliness drive. Students got an exposure to good governance and an opportunity to create grassroots level impact from their efforts. Students had an opportunity to develop leadership skills, teamwork, and a sense of accomplishment, and has improved their interest in the program. Concern for the well-being of marine life and the overall health of the planet has become a powerful motivator for students, and it was evident that students wanted to contribute to the safekeeping of communal spaces.

Since students were engaged in a physical activity at a lesser-known tourist destination, students have seen by themselves the impact of garbage at coastal destinations. They have also interacted with the local community of the area and have learnt, understood and further sensitised the locals on responsible behaviour. The local population was also happy on seeing the student's efforts and have commended their spirit of maintaining communal harmony.



Women's Mental Health & Healthy Living Skills SDG3: Good Health and Well-Beings



Date of Event : 28th September 2023
Venue : Seminar Hall, Amity University Mumbai & Zoom Online
Organized by : Amity Institute of Behavioural & Allied Sciences (AIBAS)
Total Participation : 220+ Participants (Seminar Hall), 250+ Participants (Zoom)
Facilitator & Host : Ms. Jyoti Kamble, Assistant Professor, E-Cell Coordinator, AIBAS, AUM
Convener : Dr Gautam Gawali, Dean of Student's Welfare, Professor & Director, Amity Institute of Behavioural & Allied Sciences, Amity University Mumbai

Details of Resource Person:

1. **Country Name** : India
Speaker : Dr N.D.S. Naga Seema
Organization : Centre for Health Psychology, School of Medical Sciences, University of Hyderabad, Central University, India.
Designation : Associate Professor
Specialization : Health Psychology

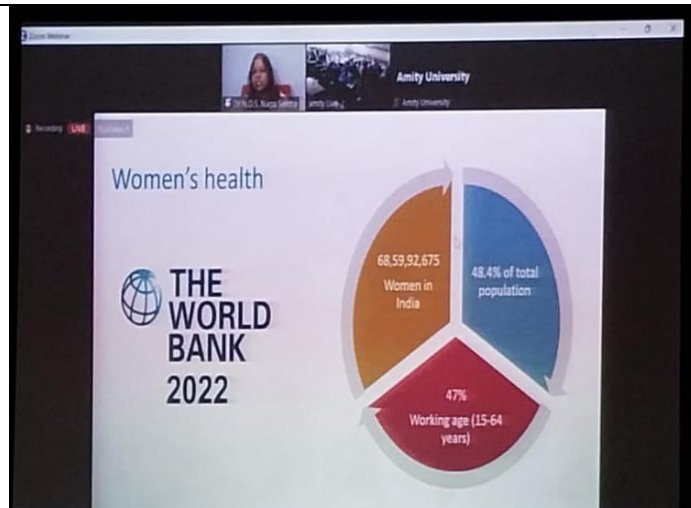
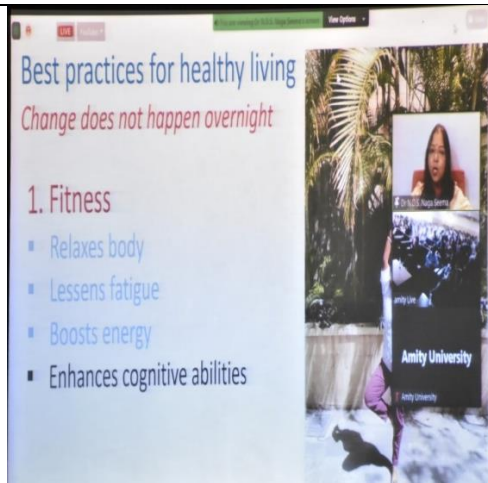
Program Schedule

1. 11:00 AM to 11:05 AM: Welcome by Dr. Gautam Gawali, DSW, Professor & Director AIBAS, Amity University Mumbai.
2. 11:05 AM to 11:20 AM: Inauguration by Prof. (Dr.) A. W. Santhosh Kumar, Hon'ble Vice-Chancellor, AUM.
3. 11:20 AM to 12:10 PM: Invited Speaker (Online): Dr. N.D.S. Naga Seema, on "Women's Mental Health and Healthy Living Skills."
4. 12:10 PM to 12:20 PM: Question and Answer session.
5. 12:20 PM to 12:30 PM: Vote of Thanks by Dr. Sumbul Rafi, Assistant Professor, AIBAS, AUM. Coordinated by Ms. Jyoti Kamble, E-Cell Coordinator, Assistant Professor, AIBAS, AUM.



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Point-Wise Outcome Report

The talk, held as part of Innovation Week 2023, focused on "EmpowHer Health" and aimed to address the critical issues of Women's Mental Health and Healthy Living Skills. The event saw a robust participation of over 220 students present offline and 250+ students joining online through the Zoom platform. The event commenced at 11:30 AM with the arrival of esteemed guests, including Dr A.W. Santosh Kumar, Hon'ble Vice-Chancellor of Amity University Mumbai, Dr Gautam Gawali, Dean Student Welfare, and other distinguished HOIs and Deans of the university. Ms. Jyoti Kamble, the host for the talk, opened the event with a warm welcome speech.

Dr. Gautam Gawali, Dean Student Welfare, gives an introductory speech. He emphasized the significance of addressing women's mental health and healthy living skills, acknowledging the multifaceted roles women play in society. She highlighted that the responsibilities and stressors associated with these roles can impact women's mental health and overall well-being. Our Vice Chancellor gives an inaugurated note Dr. A.W. Santosh Kumar. Dr Gautam Gawali, was fondly referred to as a leader, by Vice Chancellor Dr. A.W. Santosh Kumar for his pivotal role in organizing the event. Dr. Gawali was likened to "Dronacharya," the legendary guru, signifying his guidance and mentorship.

Dr. N.D.S. Naga Seema, the esteemed resource person, began her presentation by delving into the definitions of health, well-being, and mental health. She discussed the illness-wellness continuum and presented World Bank data highlighting the unique challenges faced by women, including stress, anxiety, depression, reproductive health issues, and violence. Reproductive health issues, such as postpartum depression, were underscored as highly neglected in India. Dr. Seema emphasized the complexities women face during critical life phases like menarche, menopause, pregnancy, and postpartum, emphasizing the need for greater attention and support.

The presentation illuminated disparities in healthcare based on financial position, education, gender, and age. Alarming statistics on physical activity levels were shared, with a mere 3% of women reported as physically active and healthy. The session transitioned into a discussion of healthy living skills, with Dr. Seema emphasizing the importance of acquiring skills that promote longevity, reduce health risks, and empower individuals to lead healthier lives. She introduced best practices, including fitness, positive social support networks, living in the present moment, and various activities like gardening, communication, and more.

Notably, Dr. Seema highlighted her research efforts in supporting the positive living of single mothers in India, who number around 13 million. This research aims to improve their mental health and overall well-being. The event concluded with a lively question-and-answer session, allowing participants to engage with Dr. Seema and gain further insights into women's mental health and



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healthy living skills.

Dr. Sumbul Rafi, Assistant Professor at AIBAS, extended a heartfelt vote of thanks, acknowledging the speakers, organizers, and participants for their valuable contributions to the seminar. In conclusion, the hybrid talk on Women's Mental Health & Healthy Living Skills, organized as part of Innovation Week 2023 by the Amity Institute of Behavioural & Allied Sciences, was a resounding success. The event shed light on the crucial aspects of women's mental health and the acquisition of skills for leading healthier lives. Dr. N.D.S. Naga Seema's insightful presentation and the engaging discussions that followed provided a valuable platform for both offline and online participants to deepen their understanding of these vital topics.

We extend our gratitude to Dr. Gautam Gawali, Vice Chancellor Dr. A.W. Santosh Kumar, and all participants for their unwavering support. This seminar exemplified Amity University Mumbai's commitment to addressing pressing societal issues and fostering holistic well-being among its students and the wider community. We look forward to further initiatives that promote empowerment, well-being, and innovation in the future.



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INNOVATION WEEK 2023

Women's Mental Health and Healthy Living Skills

Friday, 28th September 2023 | 11:00 A.M. to 12:30 P.M.

Venue: Seminar Hall (Hybrid Mode)



Resource Person:

Dr. N.D.S Naga Seema,
Associate Professor, Centre for Health Psychology,
School of Medical Sciences, University of Hyderabad.



Chief Patron:

Dr. Aseem Chauhan,
Hon'ble Chancellor & President, AUM

Patron:

Prof. (Dr.) A.W. Santhosh Kumar,
Hon'ble Vice Chancellor, AUM



Convener:

Dr. Gautam Gawali,
Professor & Director,
Dean Student's Wellfare, AIBAS-AUM

E-Cell Coordinator & Facilitator

Ms. Jyoti Kamble,
Assistant Professor (Clinical Psychology) AIBAS-AUM
Ms. P. Sharon Shulamite,
Assistant Professor, AIBAS-AUM





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“One Earth: An Integrated Approach towards Climate Change Adaptations and Mitigation using Geo-spatial Technology”

Climate action (SDG 13)



Date of Event : 03/06/2023
Venue : Online
Organized by : Civil, ASET and ASAS
Total Participation : 85
Moderator(s) : Ms. Shruthi B. K.
Event Coordinator : Dr. S.S. Mishra
Convener/Host : Dr. Sushree Sangita Mishra and Dr. Nilesh wagh

Details of Expert/Speaker/Resource Person/Judge:

Country Name: India

Expert Name: Dr. Sanjay Narayan Patil

Organization: School of Environmental and Earth Sciences, North Maharashtra University

Designation: Professor

Specialization: Earth and environment Sciences

The objective of these webinars is to discuss and critically analyse the climate change crisis and the consequences that our mother earth has been facing these years in terms of global warming, impact of water resources, emission of GHGs, adverse impact on agriculture etc. and the application of Geo -spatial technology i.e Geographic Information System (GIS) and Remote Sensing (RS) as a step towards the climate change adaptations. Climate change crisis and the consequences that our mother earth has been facing these years in terms of global warming, impact of water resources, emission of GHGs, adverse impact on agriculture. Application of Geo -spatial technology i.e Geographic Information System (GIS) and Remote Sensing (RS) as a step towards the climate change adaptations. Application of GIS and RS in environmental impact assessment. Participants received an overview of the climate change crisis and its impacts. Participants got to know about the applications of GIS and RS in different environmental studies. Participants got an overview of the advantages of GIS and RS in assessing the environmental impact.